

A repeating pattern of blue floral and leaf motifs on a white background, framing the central text.

FAB!

Breakfast, Light Lunches & Gelato

Menu

www.fabgelato.co.za

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All our meals are freshly prepared, please be patient during peak times

We Use Nuts In Our Kitchen!
Some of the ingredients on our menu are seasonal
and may not always be available.



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Croissants

- Plain	R28
- Add a dollop of gelato	R20
- Add jam & butter	R 8
- Add grated cheddar	R10
- Add scrambled egg	R20
- Add bacon (3 rashers)	R20
- Add ham / pastrami	R15

Health

Jungle Oats plain	R40
Jungle Oats topped with fresh fruit, almonds & honey	R60
Honeyed Yoghurt topped with fresh fruit & almonds	R60
Freshly prepared seasonal Fruit Salad	R50
- Extra toasted almonds	R 8
- Extra honey	R 8
Smashed Avo On Toast – sprinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil	R50

Classic Eggs

Creamy Scrambled Eggs with toast of your choice	R50
- Rye surcharge (per slice)	R4
Salmon Scrambled Eggs – scrambled eggs, smoked salmon & crème fraiche on choice of toast	R90
2 x Poached or Fried Eggs with toast of your choice	R45
Optional Slides	
- Extra egg	R10
- Spicy roasted mini rosa tomato	R10
- Crispy bacon (3 rashers)	R20
- Sliced Avo (seasonal)	R25
Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham	R60
- Optional bacon / pastrami	R15
The “ Elvis ” Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup	R65

Open Sandwiches

Chicken Mayo , avo, micro salad & parmesan on toasted ciabatta	R65
Smoked Salmon , smashed avo, micro salad & crème fraiche on toasted ciabatta	R90

Light lunches

Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing	R70
Haloumi Salad with warm tomato relish	R70
Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche	R110
Lemon & Herb Chicken Fillets served with a side salad or hot chips	R80

Gelato

Freshly made Italian Artisan Gelato

Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat!	
1 Large Scoop	R28
2 Large Scoops	R50
1 Litre Takeaway Tub (to order)	R200
1.5 Litre Takeaway Tub (to order)	R280

Amarena Cherries / Fragola

250g	R160
400g	R215
600g	R250
600g Strawberry	R380

Toast

(Brown, White, Low Gi, Ciabatta Or 100% Rye)

- 2 Slices	R15
- Extra slice toast	R 8
- Rye – surcharge per slice	R 4
- Butter & homemade berry jam	R 8

Classic Belgian Waffles

- Classic waffle with syrup	R35
- With a scoop of Gelato	R55
- Served with whipped cream, toasted almonds & syrup	R60

Scones

2 Freshly baked scones served with whipped cream and homemade berry jam and grated cheddar cheese	R65
Half Portion	R45

Toasted Sandwiches

(Brown, White, Low Gi, Ciabatta Or 100% Rye)

- Cheese (Cheddar or Mozzarella or Both)	R35
- Cheese & tomato	R40
- Cheese, tomato & ham	R45
- Egg and Bacon pastrami	R45
- Chicken mayo	R55
- Chicken Mayo, cheese & chilli	R60
- Rye surcharge	R 8

Cold Drinks

- Slush / Italian Granita	R30
- BOS Iced Tea	R20
- Coca Cola / Coke Light	R20
- Passion fruit cordial + Sparkling water	R25
- Homemade Lemon Syrup	R25
- Freshly Squeezed Orange Juice	R30
- Freezo Chino	R35
- Gelato milkshake - Choice of scoop	R50
- Sparkling / Still Mineral Water (500ml)	R18

Hot Drinks

- Flat White (Cappuccino)	R23
- Espresso	R18
- Double Espresso	R20
- Americano (Espresso + hot water)	R20
- Caffé Latte (Double milk + foam + Espresso)	R28
- The Z's Piccolo (Mini Latte in a glass)	R20
- Caffé au Lait (French style XL - double shot + hot milk)	R40
- Double Shot Latte	R32
- Macchiato (Espresso + foam)	R21
- Affogato (Espresso shot + soft serve ice cream)	R45
- Hot Chocolate / Milo	R28
- Tea (Five Roses / Rooibos / Earl Grey / Herbal)	R20
- Soy / Almond Milk surcharge	R5

Coffee Beans

Freshly roasted by 4th Ave Coffee Roasters

250g	R80
500g	R150
1kg	R240
Pods	R75