

Menu

www.fabgelato.co.za

www.fabgelato.co.za



Menu

www.fabgelato.co.za

www.fabgelato.co.za







All our meals are freshly prepared, please be patient during peak times

We Use Nuts In Our Kitchen!

Some of the ingredients on our menu are seasonal and may not always be available.

All our meals are freshly prepared, please be patient during peak times

We Use Nuts In Our Kitchen!

Some of the ingredients on our menu are seasonal and may not always be available.





All our meals are freshly prepared, please be patient during peak times

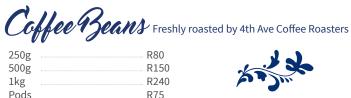
We Use Nuts In Our Kitchen! Some of the ingredients on our menu are seasonal and may not always be available. All our meals are freshly prepared, please be patient during peak times

We Use Nuts In Our Kitchen!

Some of the ingredients on our menu are seasonal and may not always be available.

Plain Race Add a dollop of gelato Race Add a dollop of gelato Race Add a dollop of gelato Race Add and Soutter Race Add grated cheddar Race Add grated cheddar Race Add scrambled egg Race Add barm / pastrami Race Add ham /	Plain Rad a dollop of gelato R20 Add jam & butter R8 Add a dollop of gelato R20 Add jam & butter R8 Add grated cheddar R10 Add scrambled egg R20 Add bacon (3 rashers) R20 Add bacon R30 Add bac	Croissants	
Add a dollop of gelato Add jam & butter R8 Add grated cheddar Add scrambled egg R20 Add bam / pastrami R15 Add scrambled egg R20 Add bam / pastrami R15 Aungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 Freshly prepared seasonal Fruit Salad Extra toasted almonds Extra toasted almonds Extra toasted almonds R8 Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Ggs Creamy Scrambled Eggs with toast of your choice R90 R8 Smashed Avo Contoast – scrambled eggs, smoked Salmon Scrambled Eggs with toast of your choice R90 R8 Smashed Salmon fried Eggs with toast of your choice R90 Creamy Scrambled Eggs – scrambled eggs, smoked Salmon & crème fraiche on choice of toast R90	Add a dollop of gelato R8 Add jard cheddar R8 Add grated cheddar R10 Add scrambled egg R20 Add ham / pastrami R15 Add scrambled egg R20 Add ham / pastrami R15 Add bam / pastrami R15 Aungle Oats plain R40 Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 Freshly prepared seasonal Fruit Salad R50 Festra honey R8 Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 - Rye surcharge (per slice) R45 Salmon Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R45 Soptional Stides R45 Dytional Stides R45 Dytional Stides R45 Estra koons R45 Dytional Stides R45 Dytional Stides R45 Dytional Stides R45 Dytional Stides R45 Estra yea ges R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Halboumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R70 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warn tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warn tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warn tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warn tomato relish R70 Smoked Salmon	-1.	5.42 ^w
-Add grated cheddar	Add jam & butter Add grated cheddar Add scrambled egg Add scanbled egg Add bacon (3 rashers) Add ham / pastrami Add ham / pastrami Alungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey Reo Honeyed Yoghurt topped with fresh fruit & almonds Extra toasted almonds Extra toasted almonds Extra toasted almonds Extra toasted almonds A R R R R R R R R R R R R R R R R R R R		
-Add grated cheddar R10 -Add scrambled egg R20 -Add baron (3 rashers) R20 -Add ham / pastrami R15	Add grated cheddar Add scrambled egg Add bacor (3 rashers) Add ham / pastrami Add ham / pastrami Alteatth Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey Honeyed Yoghurt topped with fresh fruit & almonds Freshly prepared seasonal Fruit Salad Extra toasted almonds Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cggs Creamy Scrambled Eggs with toast of your choice R9 R9 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cggs Creamy Scrambled Eggs with toast of your choice R45 Classic Cggs Creamy Scrambled Eggs with toast of your choice R45 Classic Cggs Creamy Scrambled Eggs with toast of your choice R45 Classic Cggs Creamy Scrambled Eggs with toast of your choice R45 Classic Cggs Creamy Scrambled Eggs with toast of your choice R45 Coptional Slides Extra egg R10 Spicy roasted mini rosa tomato Crispy bacon (3 rashers) R10 Spicy roasted mini rosa tomato R10 R25 Shalouni Cheese Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Mayo, & Parmesan Salad - roasted chicken mayo served on micro salad & crème fraiche R70 Ha	1 0	
-Add Scrambled egg R20 -Add bacon (3 rashers) R20 -Add bacon (3 rashers) R20 -Add bam / pastrami R40 Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 -Extra toasted almonds R80 -Extra honey R8 -Extra honey R	Add bacon (3 rashers) R20 Add bacon (3 rashers) R20 Add banon (3 rashers) R20 Add banon (3 rashers) R20 Add bann / pastrami R35 Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 Extra toasted almonds R8 Extra toasted almonds R8 Extra honey R8 Extra honey R8 Creamy Scrambled Eggs with toast of your choice R50 R9ve surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides Extra egg R10 Spicy roasted mini rosa tomato R10 Crispy bacon (3 rashers) R20 Siliced Avo (seasonal) R25 Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light Lunches Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Alaloumi Salad with warm tomato relish R70 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted Ciabatta R90 Light Lunches Chicken Mayo, avo, micro salad & parmesan, drizzled with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with varm tomato relish R80 Chicken Mayo, avo, micro salad & parmesan R65 Chicken Mayo, to come fraiche R80 Chicken Mayo, to come fraiche R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated R80 Chicken Mayo, to come fraiche R80 Chicken Mayo, to come fraiche R80 Chicken Mayo, to come fraiche R80 Chicken Mayo, to come frai		
Add bacon (3 rashers) Add ham / pastrami Pleadth Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 Freshly prepared seasonal Fruit Salad Extra honey R8 Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Gys Creamy Scrambled Eggs with toast of your choice R9 R9 surcharge (per slice) R4 Salmon Scrambled Eggs with toast of your choice R9 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R9 Spicy roasted mini rosa tomato Crispy bacon (3 rashers) R20 Spicy roasted mini rosa tomato R10 Crispy bacon (3 rashers) R25 Falty Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips Freshly made Italian Artisan Gelato F80 Clitre Takeaway Tub (to order) R280 Anaverna Chebrices / Pragela R60 R255 R60 R260 R250	Add bacon (3 rashers) Add ham / pastrami Pleally Jungle Oats plain Jungle Oats plain Jungle Oats plain Jungle Oats plain Jungle Oats poped with fresh fruit, almonds & honey Roo Honeyed Yoghurt topped with fresh fruit & almonds Roo Freshly prepared seasonal Fruit Salad Roo Extra toasted almonds Roo Freshly prepared seasonal Fruit Salad Roo Extra toasted almonds Roo Roo Freshly prepared seasonal Fruit Salad Roo Roo Roo Roo Roo Roo Roo Roo Roo Ro		
Jungle Oats plain Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 Freshly prepared seasonal Fruit Salad Extra toasted almonds Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cyss Creamy Scrambled Eggs with toast of your choice R9e surcharge (per slice) R9e surcharge (per slice) R3Imon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast Poptional Slides Crispy bacon (3 rashers) Sliced Avo (seasonal) R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham Optional bacon / pastrami R16 "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan On toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche On toasted Ciabatta R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Clastic Freshly made Italian Artisan Gelato Frull cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Clarge Scoops R280 Clarge Scoops R280 Clarge Scoops R280 Clarge Scoops R280	Add ham / pastrami Fiealth Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds Freshly prepared seasonal Fruit Salad Extra toasted almonds Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Gys Creamy Scrambled Eggs with toast of your choice Ryo surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast Pye surcharge (per slice) Dytional Slides Extra egg R10 Spicy roasted mini rosa tomato Crispy bacon (3 rashers) Sliced Avo (seasonal) R25 Sliced Avo (seasonal) R25 R21 R31 R45 Clicken Mayo, avo, micro salad & parmesan Optional bacon / pastrami The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta Chelves Chicken Mayo, avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo,		
Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds Freshly prepared seasonal Fruit Salad - Extra toasted almonds - Extra toasted almonds - Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cggs Creamy Scrambled Eggs with toast of your choice - Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast - Extra egg - R10 - Spicy roasted mini rosa tomato - Spicy roasted mini rosa tomato - Sliced Avo (seasonal) - Spicy roasted Avo (seasonal) - Haloumi Cheese - R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham - Optional bacon / pastrami - The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup - R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta - R60 - Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing - R70 Haloumi Salad with warm tomato relish - R70 Smoked Salmon, smashed avo, micro salad & crème fraiche - R70 - R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomato & creme fraiche - R80 Chicken Kayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomato & creme fraiche - R80 Chicken Kayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomato & creme fraiche - R80 Chicken Kayo & Parmesan Salad - roasted chicken - R80 Chicken Kayo & Parmesan Salad - roasted chicken - R80 Chicken Kayo & Parmesan Salad - roasted chicken - R80 Chicken Kayo & Parmesan Salad - roas	Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds Extra toasted almonds Extra toasted almonds Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cggs Creamy Scrambled Eggs with toast of your choice R90 R9 R9 Creamy Scrambled Eggs with toast of your choice R90 R9 R9 Creamy Scrambled Eggs with toast of your choice R9 R9 R9 Creamy Scrambled Eggs with toast of your choice R9 R9 R9 R9 Creamy Scrambled Eggs with toast of your choice R9 R9 R9 R9 R9 R9 R9 R9 R9 R		
Jungle Oats plain R40 Jungle Oats topped with fresh fruit, almonds & honey R60 Freshly prepared seasonal Fruit Salad R50 - Extra loasted almonds R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Haloumi Salad with varm tomato relish R70 Smoked Salmon ribbons served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with a side salad or hot chips R80 Clicken Rayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with a side salad or hot chips R80 Clicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with varm tomator relish R80 Clicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with varm tomatore	Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Reoneyed Yoghurt topped with fresh fruit & almonds Freshly prepared seasonal Fruit Salad Extra toasted almonds Extra toasted almonds R8 Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Gys Creamy Scrambled Eggs with toast of your choice R50 R8 Salmon Scrambled Eggs with toast of your choice R50 R9 Salmon Scrambled Eggs – scrambled eggs, smoked salmon & creme fraiche on choice of toast Pye surcharge (per slice) Salmon Scrambled Eggs with toast of your choice R45 Optional Slides Extra egg Spicy roasted mini rosa tomato Crispy bacon (3 rashers) Sliced Avo (seasonal) R10 Crispy bacon (3 rashers) R60 Optional Source Prise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham Optional bacon / pastrami R60 Optional bacon / pastrami R65 R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon, smashed avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes or toasted ciabatta R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoe or toasted cribate R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoe or toasted cribate R70 Freshly made Italian Artisan Gelato Fill cream milk, Gluten & Preservative free. No artificial colouring Ress than 5% fat! Large Scoop R28 Large Scoops R28 Large Scoops R28 Litre Takeaway Tub (to order) R280 Large Scoops R28 Litre Takeaway Tub (to order) R280 R600g R250		R15
Jungle Oats plain R40 Jungle Oats topped with fresh fruit, almonds & honey R60 Freshly prepared seasonal Fruit Salad R50 - Extra loasted almonds R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Haloumi Salad with varm tomato relish R70 Smoked Salmon ribbons served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with a side salad or hot chips R80 Clicken Rayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with a side salad or hot chips R80 Clicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with varm tomator relish R80 Clicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with varm tomatore	Jungle Oats plain Jungle Oats topped with fresh fruit, almonds & honey R60 Reoneyed Yoghurt topped with fresh fruit & almonds Freshly prepared seasonal Fruit Salad Extra toasted almonds Extra toasted almonds R8 Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Gys Creamy Scrambled Eggs with toast of your choice R50 R8 Salmon Scrambled Eggs with toast of your choice R50 R9 Salmon Scrambled Eggs – scrambled eggs, smoked salmon & creme fraiche on choice of toast Pye surcharge (per slice) Salmon Scrambled Eggs with toast of your choice R45 Optional Slides Extra egg Spicy roasted mini rosa tomato Crispy bacon (3 rashers) Sliced Avo (seasonal) R10 Crispy bacon (3 rashers) R60 Optional Source Prise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham Optional bacon / pastrami R60 Optional bacon / pastrami R65 R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 Smoked Salmon, smashed avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes or toasted ciabatta R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoe or toasted cribate R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoe or toasted cribate R70 Freshly made Italian Artisan Gelato Fill cream milk, Gluten & Preservative free. No artificial colouring Ress than 5% fat! Large Scoop R28 Large Scoops R28 Large Scoops R28 Litre Takeaway Tub (to order) R280 Large Scoops R28 Litre Takeaway Tub (to order) R280 R600g R250	Health	
Jungle Oats topped with fresh fruit, almonds & honey Honeyed Yoghurt topped with fresh fruit & almonds Freshly prepared seasonal Fruit Salad - Extra toasted almonds - Extra toasted almonds - Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Ggs Creamy Scrambled Eggs with toast of your choice - R90 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast 2 x Poached or Fried Eggs with toast of your choice - R45 Optional Slides - Extra egg R10 - Crispy bacon (3 rashers) - Sliced Avo (seasonal) - Crispy bacon (3 rashers) - Sliced Avo (seasonal) - R25 - Haloumi Cheese Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Cellator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 Large Scoop R28 Litre Takeaway Tub (to order) R280 Chicken Raeway Tub (to order) R280 R360 R360 R360 R360 R360 R360 R360 R3	Jungle Oats topped with fresh fruit, almonds & honey R60 Honeyed Yoghurt topped with fresh fruit & almonds R60 Freshly prepared seasonal Fruit Salad R50 - Extra toasted almonds R8 - Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cggs R5 Creamy Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs with toast of your choice R45 Optional Slides R4 - Extra egg R10 - Crispy bacon (3 rashers) R20 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R25 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R85 - Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 - Haloumi Chaebe R70 - Smoked Salmon ribbons served with Avo, mini rosa tomatoe & creme fraiche R70 - Smoked Salmon ribbons served with Avo, mini rosa tomatoe & creme fraiche R80 Clicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with warm tomato relish R70 - Smoked Salmon ribbons served with a side salad or hot chips R80 Clicken Fillets served with a side salad or hot chips R80 Clicken Fillets served with a side salad or hot chips R80 Clicken Fillets served with a side salad or hot chips R80 Clicken Fillets served with a side salad or hot chips R80 Clicken Fillets Served with a side salad or hot chips R80 Clicken Fillets Served with a side salad or hot chips R80 Clicken Fillets Served with R80 Clicken Fillets Served wit		R40
Honeyed Yoghurt topped with fresh fruit & almonds R60 Freshly prepared seasonal Fruit Salad R50 - Extra toasted almonds R8 - Extra honey R8 - Extra honey R8 - Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Gys R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The Elvis Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Cight lunches Chicken Mayo, avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with loive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with loive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon, smashed avo, micro salad & crème fraiche R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with	Honeyed Yoghurt topped with fresh fruit & almonds R60 Freshtly prepared seasonal Fruit Salad R50 Extra toney R8 Extra honey R8 Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cys R50 Creamy Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs with toast of your choice R45 Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Sliced Avo (seasonal) R25 - Haloumi Cheese R55 - Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 - Optional bacon / pastrami R15 - Optional bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Cight lunches Chicken Mayo, avo, micro salad & crème fraiche on toasted ciabatta R70 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoe served on micro salad with avo, mini rosa tomatoes served on micro salad with avo, mini rosa tomatoes served on micro salad with avo, mini rosa tomatoes served on micro salad with avo, mini rosa tomatoes served on micro salad with avo, mini rosa tomatoes served with avo, mini rosa tomatoes served with a sid		R60
Freshly prepared seasonal Fruit Salad	Freshly prepared seasonal Fruit Salad - Extra toasted almonds R 8 - Extra honey R 8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R 50 Classic Cags R 8 Creamy Scrambled Eggs with toast of your choice R 90 - Rye surcharge (per slice)		
Extra toasted almonds Extra honey R8 Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cags Creamy Scrambled Eggs with toast of your choice R9 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast Px Poached or Fried Eggs with toast of your choice Pxtra egg R10 Spicy roasted mini rosa tomato Spicy roasted with cast of your choice R25 Sliced Avo (seasonal) R25 Sliced Avo (seasonal) R25 Spicy tomato, poached egg & ham S	Extra toasted almonds Extra honey R 8 Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil Classic Cys Creamy Scrambled Eggs with toast of your choice R50 R85 Salmon Scrambled Eggs – scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 R2 Noached or Fried Eggs with toast of your choice Spicy roasted mini rosa tomato Crispy bacon (3 rashers) R20 Soliced Avo (seasonal) R25 Sliced Avo (seasonal) R25 R26 R37 R60 R60 R60 R65 Chicken Mayo, avo, micro salad & parmesan R65 Smoked Salmon, smashed avo, micro salad & crème fraiche R70 R65 Chicken Mayo, avo, micro salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Raloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken Fillets served with a side salad or hot chips R80 Chicken Fillets served with a side salad or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets served with a side salad Or hot chips R80 Chicken Fillets Served with a side salad Or hot chips R80 Chicken Fillet Fillet F		
- Extra honey Smashed Avo On Toast - spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil R50 Classic Cags Creamy Scrambled Eggs with toast of your choice - Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast - Rye Surcharge (per slice) R4 Sploy Tried Eggs with toast of your choice R45 Optional Slides - Extra egg - R10 - Spicy roasted mini rosa tomato - Crispy bacon (3 rashers) R20 - Spicy roasted mini rosa tomato - Crispy bacon (3 rashers) R20 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celuito Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Large Scoops R50 Litre Takeaway Tub (to order) R280 Amakena Checkries / Praggla Amakena Checkries / Praggla R100 R200 R280 R100 R280 R280 R300 R280 R300 R300 R31	Extra honey Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil Classic Gags Creamy Scrambled Eggs with toast of your choice - Ryo surcharge (per slice) - Ryo surcharge (per slice) - Rasalmon Scrambled Eggs with toast of your choice - Ryo surcharge (per slice) - Rasalmon Scrambled Eggs with toast of your choice - Ryo ached or Fried Eggs with toast of your choice - Ryo ached or Fried Eggs with toast of your choice - Ryo price of the segs with toast of your choice - Ryo price of the segs with toast of your choice - Ryo price of the segs with toast of your choice - Ryo price of the segs with toast of your choice - Ryo price of the segs with toast of your choice - Ryo price of the segs with toast of your choice - Ryo price of the segs with toast of your choice - Ryo segs with toast of your choice - Ryo Spicy roasted mini rosa tomato - Rio Crispy bacon (3 rashers) - Rio Sliced Avo (seasonal) - Rio Sli		
Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil	Smashed Avo On Toast – spinkled with maldon salt, cracked pepper, drizzle of lemon & chilli oil		
Creamy Scrambled Eggs with toast of your choice	Creamy Scrambled Eggs with toast of your choice R50 - Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R10 - Optional bacon / pastrami R60 - Optional bacon / pastrami R60 - Optional bacon / pastrami R65 Chicken Mayo, avo, micro salad & parmesan R65 Chicken Mayo, avo, micro salad & parmesan R65 Chicken Mayo, avo, micro salad & parmesan R65 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoe & creme fraiche R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Clicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with elive oil and balsamic dressing R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoes, grated parmesan, drizzled with elive R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with elive R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with elive R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini	Smashed Avo On Toast – spinkled with maldon salt,	
Creamy Scrambled Eggs with toast of your choice R50 Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light lunches Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Litre Takeaway Tub (to order) R280 Annahena Chebries / Pragcla Annahena Chebries / Pragcla Annahena Chebries / Pragcla	Creamy Scrambled Eggs with toast of your choice R50 Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides Extra egg R10 Spicy roasted mini rosa tomato R10 Crispy bacon (3 rashers) R20 Sliced Avo (seasonal) R25 Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Cellator Freshly made Italian Artisan Gelato R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Large Scoop R28 Large Scoops R50 Littre Takeaway Tub (to order) R280 Churken Chelvies / Pragcla Analeum Chelvies / Pragcla Analeum Chelvies / Pragcla Chong R160 R250 R160 R250 R160 R250 R160 R250 R160 R250	cracked pepper, drizzle of lemon & chilli oil	R50
Creamy Scrambled Eggs with toast of your choice R50 Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light lunches Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Litre Takeaway Tub (to order) R280 Annahena Chebries / Pragcla Annahena Chebries / Pragcla Annahena Chebries / Pragcla	Creamy Scrambled Eggs with toast of your choice R50 Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides Extra egg R10 Spicy roasted mini rosa tomato R10 Crispy bacon (3 rashers) R20 Sliced Avo (seasonal) R25 Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Cellator Freshly made Italian Artisan Gelato R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Large Scoop R28 Large Scoops R50 Littre Takeaway Tub (to order) R280 Churken Chelvies / Pragcla Analeum Chelvies / Pragcla Analeum Chelvies / Pragcla Chong R160 R250 R160 R250 R160 R250 R160 R250 R160 R250	Charles San	12
Creamy Scrambled Eggs with toast of your choice R50 Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light lunches Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Litre Takeaway Tub (to order) R280 Annahena Chebries / Pragcla Annahena Chebries / Pragcla Annahena Chebries / Pragcla	Creamy Scrambled Eggs with toast of your choice R50 Rye surcharge (per slice) R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides Extra egg R10 Spicy roasted mini rosa tomato R10 Crispy bacon (3 rashers) R20 Sliced Avo (seasonal) R25 Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Cellator Freshly made Italian Artisan Gelato R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! Large Scoop R28 Large Scoop R28 Large Scoops R50 Littre Takeaway Tub (to order) R280 Churken Chelvies / Pragcla Analeum Chelvies / Pragcla Analeum Chelvies / Pragcla Chong R160 R250 R160 R250 R160 R250 R160 R250 R160 R250	Classic Gggs	15 P
R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R25 - Sliced Avo (seasonal) R26 - Sliced Avo (seasonal) R26 - Sliced Avo (seasonal) R28 - Sliced Avo	R4 Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast R90 2 x Poached or Fried Eggs with toast of your choice R45 Optional Slides Extra egg R10 - Spicy roasted mini rosa tomato R20 - Spicy roasted mini rosa tomato R10 - Spicy roasted mini rosa tomato R20 - Sliced Avo (seasonal) R25 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 - Haloumi Cheese R25 - Spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 - Optional bacon / pastrami R65 - Optional bacon / pastrami R65 - Optional bacon & drizzled in syrup R65 - Optional bacon & drizzled in syrup R65 - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R65 - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R70 - Oticken Mayo, avo, micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 - Haloumi Salad with warm tomato relish R70 - Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 - Glicken Fillets served with a side salad or hot chips R80 - Freshly made Italian Artisan Gelato R80 - Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 1 Large Scoop R28 1 Large Scoops R50		
Salmon Scrambled Eggs - scrambled eggs, smoked salmon & crème fraiche on choice of toast	Salmon Scrambled Eggs – scrambled eggs, smoked salmon & crème fraiche on choice of toast		
2 x Poached or Fried Eggs with toast of your choice Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & crème fraiche on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo, avo, micro salad with avo, mini rosa tomato & creme fraiche R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Mayo, avo, micro salad with avo, mini rosa tomato & creme fraiche R80 Chicken Mayo, avo, micro salad avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R80 R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 Chicken Mayo, avo, micro salad & parmesan R65 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 Chicken Mayo, avo, micro salad & parmesan R65 R80 R80 Chicken Mayo, avo, micro salad & parmesan R65 R80 Chicken Mayo, avo, micro salad & parmesan R80 R80 Chicken Mayo, avo,	2 x Poached or Fried Eggs with toast of your choice Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Culture Trasheaway Tub (to order) R280 Chicken Wave Chebries / Pragcla Choog R250 R160 R250 R160 R260 R2750	Salmon Scrambled Eggs – scrambled eggs, smoked	
2 x Poached or Fried Eggs with toast of your choice Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Light lunches Chicken Mayo, avo, micro salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo, avo, micro salad with avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Littre Takeaway Tub (to order) R28 Large Scoop R28 Littre Takeaway Tub (to order) R280 Anakena Chekries / Pragcla Anakena Chekries / Pragcla Scoop R250 Anakena Chekries / Pragcla	2 x Poached or Fried Eggs with toast of your choice Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R10 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Culture Trasheaway Tub (to order) R280 Chicken Wave Chebries / Pragcla Choog R250 R160 R250 R160 R260 R2750		R90
Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R20 - Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo & Parmesan Salad – roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Fillets served with a side salad or hot chips R80 Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo & Parmesan Chebries Pagola Large Scoop R80 1 Litre Takeaway Tub (to order) R280 Chicken Mayo & Parmesan Salad – R80 Checken Mayo & Parmesan Salad – R80 Chicken Mayo & Parmesan Salad – R80 R80 Chicken Mayo & Parmesan Salad – R80 R80 Chicken Mayo & Parmesan Salad – R80 R80	Optional Slides - Extra egg R10 - Spicy roasted mini rosa tomato R20 - Spicy roasted mini rosa tomato R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Meyo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad & crème fraiche R80 R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad & crème fraiche R80 R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad & crème fraiche R80 R80 Chicken Mayo & Parmesan Salad - roasted		
- Éxtra egg	Extra egg		
- Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Cight lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Chicken Merb Chicken Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Armakena Chekries / Pragola Armakena Chekries / Pragola 250g R160 400g R215 600g R250	- Crispy bacon (3 rashers) R20 - Sliced Avo (seasonal) R25 - Haloumi Cheese R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 - Optional bacon / pastrami R15 The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R85 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Chicken Merb Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amakena Chekries / Fragela Chekries / Fragela 250g R160 400g R215 600g R250		R10
- Sliced Avo (seasonal) - Haloumi Cheese - R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham - Optional bacon / pastrami - R60 - Optional bacon / pastrami - R65 The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup - R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta - R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta - R90 Clight lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing - R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche - Lemon & Herb Chicken Fillets served with a side salad or hot chips - R80 Clight Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop - R28 2 Large Scoops - R50 1 Litre Takeaway Tub (to order) - R280 Anakena Chekries Flagola Anakena Chekries Flagola R160 400g - R215 600g - R250	- Sliced Avo (seasonal) - Haloumi Cheese - R25 Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham - Optional bacon / pastrami - The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup - R65 Open Sandwickes Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta - Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta - R90 Clight lunckes Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing - R70 Haloumi Salad with warm tomato relish - Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche - Lemon & Herb Chicken Fillets served with a side salad or hot chips - R80 Clight Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop - R28 2 Large Scoops 1 Litre Takeaway Tub (to order) - R280 Arnakena Chekries Pragola 250g - R160 400g - R215 600g - R250		
Haloumi Cheese Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham	Haloumi Cheese Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo, avo, micro salad & crème fraiche R28 Lemon & Haloumi Salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R70 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R70 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R70 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 R80 Chicken Mayo, avo, micro salad & crème fraiche R80 R80 R80 R80	- Crispy bacon (3 rashers)	R20
Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham R60 Optional bacon / pastrami R15 The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Smoked Salmon ribbons served with Avo, mini rosa tomatoe & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served with a side salad or hot chips R	Early Rise Breakfast Waffle topped with cheese, spicy tomato, poached egg & ham	- Sliced Avo (seasonal)	R25
spicy tomato, poached egg & ham	spicy tomato, poached egg & ham		R25
- Optional bacon / pastrami The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 R80 R8110 R80 Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with allalam Artisan Gelato R8110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chellic Freshly made Italian Artisan Gelato R80 Litre Takeaway Tub (to order) R280 Litre Takeaway Tub (to order) R280 Annarena Chelvies Pragola R160 Annarena Chelvies Pragola R160 R00g R215 R00g R250	Optional bacon / pastrami The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup R65 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Clight lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Clight lunches R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Clight lunches R80 Clight lunches R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Clight lunches R80 Clight lunches R70 R70 R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R810 Clight lunches R80 R80 Clight lunches R70 R70 R70 Smoked Salmon ribbons served with a side salad or hot chips R80 Clight lunches R80 R80 Clight lunches R80 R80 R80 Clight lunches R80 R80 R80 Clight lunches R80 R80 R80 R80 R80 R80 Clight lunches R80 R80 R80 R80 R80 R80 R80 R80		
The "Elvis" Waffle - topped with peanut butter, fried banana, bacon & drizzled in syrup Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta Reso Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing Reso Rhaloumi Salad with warm tomato relish Reso Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips Reso Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop Reso 1 Litre Takeaway Tub (to order) Reso Checkries Reso Reso	The "Elvis" Waffle – topped with peanut butter, fried banana, bacon & drizzled in syrup Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta Reso Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Clitre Takeaway Tub (to order) R28 Large Scoop R28 Litre Takeaway Tub (to order) R280 Arnakena Chekries Pragola R160 400g R215 600g R160		
Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Chill cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amakena Chekries Pragola 250g R160 400g R215 600g R250	Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R50 Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R90 Cight lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries Pragola 250g R160 400g R215 600g R250		R15
Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Cellator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amakena Chekries Pragola 250g R160 400g R215 600g R250	Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato R880 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries Pragola 250g R160 400g R215 600g R250		
Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Chevies Pragola 250g R160 400g R215 600g R250	Chicken Mayo, avo, micro salad & parmesan on toasted ciabatta R65 Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amakena Cherries Pragcla Scoop R160 400g R215 600g R215	ined banana, bacon & drizzled in Syrup	R65
Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta	Smoked Salmon, smashed avo, micro salad & crème fraiche on toasted ciabatta R90 Light lunches Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amarena Cherries Pragcla Scoop R160 400g R215 600g R215		and the
Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing. R70 Haloumi Salad with warm tomato relish. R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche. Lemon & Herb Chicken Fillets served with a side salad or hot chips. R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop. 2 Large Scoops. 3 Litre Takeaway Tub (to order). R280 Amarena Cherries / Fragola 250g. R160 400g. R215 600g. R250	Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250		
Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing	Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola The Amarena Cherries / Fragola R160 R200 R215 R200 R215		
Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amakena Cherries Pragola Sog R160 400g R215 600g R250	Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragcla Sog R160 400g R215 600g R250		1.50
Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amakena Cherries Pragola Sog R160 400g R215 600g R250	Chicken Mayo & Parmesan Salad - roasted chicken mayo served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragcla Sog R160 400g R215 600g R250	Liaht lunches	
served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amakena Cherries / Fragola 250g R160 400g R215 600g R250	served on micro salad with avo, mini rosa tomatoes, grated parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola That are a Cherries / Fragola 250g R160 400g R215 600g R250		
parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celato Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries Fragola 250g R160 400g R215 600g R250	parmesan, drizzled with olive oil and balsamic dressing R70 Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola The Amarena Cherries / Fragola 250g R160 400g R215 600g R250		
Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola Sog R160 400g R215 600g R250	Haloumi Salad with warm tomato relish R70 Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Selator Freshly made Italian Artisan Gelator Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola Sog R160 400g R215 600g R250	, , , , , , , , , , , , , , , , , , , ,	
Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Smoked Salmon ribbons served with Avo, mini rosa tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Selato Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola Sog R160 400g R215 600g R250	,	
tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	tomato & creme fraiche R110 Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola Z50g R160 400g R215 600g R250		R70
Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Celator Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Lemon & Herb Chicken Fillets served with a side salad or hot chips R80 Selato Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250		D110
or hot chips R80 Gelato Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Gelato Freshly made Italian Artisan Gelato Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250		KIIU
Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250		R80
Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	•	
Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Full cream milk, Gluten & Preservative free. No artificial colouring & less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Gelato Freshly made Italian Artisan Gelato	A THE
& less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	& less than 5% fat! 1 Large Scoop R28 2 Large Scoops R50 1 Litre Takeaway Tub (to order) R280 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250		colouring
2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250		
2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	2 Large Scoops R50 1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	1 Large Scoop	R28
1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250	1 Litre Takeaway Tub (to order) R200 1.5 Litre Takeaway Tub (to order) R280 Amarena Cherries / Fragola 250g R160 400g R215 600g R250		
Amarena Cherries / Fragola 250g R160 400g R215 600g R250	Amarena Cherries / Fragola 250g R160 400g R215 600g R250	1 Litre Takeaway Tub (to order)	R200
250g R160 400g R215 600g R250	250g R160 400g R215 600g R250		
250g R160 400g R215 600g R250	250g R160 400g R215 600g R250	~	
250g R160 400g R215 600g R250	250g R160 400g R215 600g R250	America Choppion 1 Fra	acla
400g R215 600g R250	400g R215 600g R250	municia Cierces / 1 de	yvu
400g R215 600g R250	400g R215 600g R250	250g	R160
600g R250	600g R250		R215
	600g Strawberry R380	600g	R250
600g Strawberry R380		600g Strawberry	R380

Toast (Brown, White, Low Gi, Ciabatta Or 100% R	210)
(blown, white, Low Gi, Clabatta Of 100% R	tye)
- 2 Slices	
- Extra slice toast - Rye – surcharge per slice	
- Butter & homemade berry jam	
Classic Belgian Waffles	***
- Classic waffle with syrup	R35
- With a scoop of Gelato	
- Served with whipped cream, toasted almonds & syrup	R60
Scones	
2 Freshly baked scones served with whipped cream and	
homemade berry jam and grated cheddar cheese	
Half Portion	R45
Toasted Sandwiches	**
(Brown, White, Low Gi, Ciabatta Or 100% Rye)	.J
- Cheese (Cheddar or Mozzarella or Both)	D32
- Cheese & tomato	
- Cheese, tomato & ham	
- Egg and Bacon / Pastrami	
- Chicken mayo - Chicken Mayo, cheese & chilli	
-Rye surcharge American Hot Diggidy-Dan)a/
- Hotdog with vienna sausage, tomato sauce, mustard,	
piccalilli & melted cheese	R40
- Pastrami roll with tomato sauce, mustard, piccalilli & melted cheese	R40
Hot chips	R30
	J.)
Cold Prinks	
- Slush / Italian Granita	
- BOS Iced Tea	
- Coca Cola / Coke Light	
- Passion fruit cordial + Sparkling water	
- Homemade Lemon Syrup - Freshly Squeezed Orange Juice	
- Freezo Chino	
- Gelato milkshake - Choice of scoop	R50
- Sparkling / Still Mineral Water (500ml)	R18
at mills	الد لا_
Hot Prinks ***	
- Flat White (Cappuccino)	R23
- Espresso	R18
- Double Espresso	
- Americano (Espresso + hot water) - Caffé Latte (Double milk + foam + Espresso)	
- The Z's Piccolo (Mini Latte in a glass)	
- Caffé au Lait (French style XL - double shot + hot milk)	R40
- Double Shot Latte	R32
- Macchiato (Espresso + foam)	R21
- Macchiato (Espresso + foam) - Affogato (Espresso shot + soft serve ice cream) - Hot Chocolate / Milo	R45
- Hot Chocolate / Milo - Tea (Five Roses / Rooibos / Earl Grey / Herbal)	1120
- Soy / Almond Milk surcharge	R5
-	



R80 R150 R240 R75

250g 500g 1kg Pods